PREFACE

The evolution of healthcare is being transformed by the convergence of Internet of Things (IoT) technologies, enabling smarter, more connected, and patient-centric care systems. This book, IoT-Enabled Smart Health Care Systems, explores how real-time data collection, intelligent monitoring, and seamless connectivity are redefining clinical workflows and health outcomes. It brings together foundational concepts, advanced architectures, and case-driven applications to address the demands of modern healthcare delivery. Designed for researchers, practitioners, and students, the content highlights emerging trends, technological innovations, and the potential for personalized, efficient, and secure healthcare services powered by IoT and intelligent automation.